

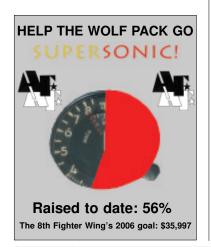
NEWS BRIEFS

Congratulations SMSgts

The following Wolf Pack master sergeants recently achieved the rank of senior master sergeant. They are as follows in alphabetical order: Richard Boulanger, 8th Operations Support Squadron, Ferdinand Erolin, 8th OSS, Carlo Filoteo, 8th Mission Support Squadron, Kevin Gary, 8th Communications Squadron, Todd Greenhill, 8th Maintenance Squadron, Michael Holmquist, 8th Logistics Readiness Squadron, Florimond Munar, 8th Medical Support Squadron, Thomas Pavlick, 8th Services Squadron, Anthony Petty, 8th Medical Operations Squadron, Terrance Plummer, 8th LRS. Danny Reeves. 8th SVS and Gregory Whipple, 8th Aircraft Maintenance Squadron.

Congratulations majors

The following captians have been promoted to the rank of major. They are as follows in alphabetical order: Kevin Daugherty, 80th Fighter Squadron, Michael Horowitz, 8th Operations Support Squadron, Christopher Kretsinger, 80th FS, Louis Marnell, 8th Maintenance Squadron, Gregory Muller, 35th Fighter Squadron, Anthony Nance, 8th Maintenance Group, Brian O'Neill, 8th OSS, Ford Robinson, 35th FS, Lynn Savage, 35th FS and Yvonne Wilson, 8th Operations Group.





A KC-10 Extender lifts off from Kunsan's runway March 2 carrying more than 50 Wolf Pack members to Singapore in support of Operation Commando Sling. The month-long exercise will test the 80th Fighter Squadron and 80th Aircraft Maintenance Unit's ability to operate and generate aircraft missions in a foreign location. For more on the deployment and how it effects the 8th Fighter Wing's mission of Taking the Fight North, see page 4.

New community standards hits the street

Big changes for Wolf Pack members include smoking, wingman policies

By Senior Airman Stephen Collier Wolf Pack public affairs

The Wolf signed off on significant changes to Kunsan's community standards recently paving the way for a new wingman policy as well as new restrictions on the use of tobacco products on base.

The community standards, or 8th Fighter Wing Instruction 90-501, provides the Wolf Pack with the commander's intent on issues unique to Kunsan, United States Forces Korea and life in general while living in the Republic of Korea, according to Chief Master Sgt. Kevin "Wolf Chief" Ludwig, 8th Fighter Wing command chief.

While the community standards retain the same information regarding important Wolf Pack topics, including off-limits facilities, customs and courtesies on and off base and leave procedures, there are also significant updates to the wingman and tobacco use policies.

For the first time since the 1990s, Kunsan members are now allowed to leave base without a wingman. The two-hour rule, or section 8.1 of the new community standards, still applies to Airmen on leave or pass. Members who elected leave or are issued a pass on a duty day must stay within two hours of Kunsan in the event of an emergency.

Although Airmen can now travel to Kunsan City and America Town by themselves, wing leadership still strongly recommends traveling with a wingman in the event of an emergency.

Col. Brian "Wolf" Bishop, 8th Fighter Wing commander, said wing leadership wants to teach responsibility and accountability to the Wolf Pack's Airmen. "Traveling with a wingman isn't just highly encouraged, it's also smart," the Wolf said. "We simply changed how we enforce the wingman policy. It re-enforces that we're all accountable for our actions and we should take responsibility for those actions."

Together with the changes to the wingman policy, Wolf Pack members can no longer smoke in or out of uniform while walking to a destination on base. As always, smoking is restricted to approved and designated tobacco use areas whether in uniform or civilian clothing.

Another change to the tobacco policy includes usage at several frequented locations on base. Areas designated as non-smoking include the front entrances to the Loring Club,

See **STANDARDS**, Page 3

In this week's issue ...



Sexual harassment degrades our mission

See Page 2



CMSAF Gaylor pays a visit to the Wolf Pack

See Page 5



Paintball season officially opens

See Page 8

Wolf W	eather
Saturday	Sunday
Hi/Low	346

50/30

Hi/Low

46/32

Showers

Tuesday

Sunny

Sunday Monday
Hi/Low Hi/Low

36/26
Partly Cloudy

Wednesday
Hi/Low
51/35
Partly Cloudy

Monday Hi/Low 35/26 Partly Cloudy

Thursday
Hi/Low

51/35 52/37 ly Cloudy Partly Cloudy

2 MARCH 10, 2006 WOLF PACK WARRIOR PERSPECTIVE

Wolves beware:

Sexual harassment hurts our mission and people

By Master Sgt. Brian Baker 8th Fighter Wing military equal opportunity office

The Department of Defense's definition of sexual harassment is a complex one, but so is the issue. At your military equal opportunity office, we understand many people have difficulty understanding just what sexual harassment is and how it can lead to sexual assault.

The Air Force places great emphasis on its human relation programs, so we would like to take a moment and clarify the policies on sexual harassment.

Sexual harassment is a form of sex discrimination. Like all forms of discrimination, it can negatively impact the mission. If you are being sexually harassed, odds are you are being distracted from your military duties. This has the potential to be life threatening. Would you fly if you knew a distraught crew chief just repaired the plane you were boarding? That's why the Air Force states it will conduct its affairs free of unlawful discrimination and sexual harassment. This provides equal opportunity and treatment for all members irrespective of their race, color, religion, national origin or gender.

So now that you understand how

sexual harassment can impact the mission, let's take a moment to clarify the definition.

With all forms of sexual harassment these behaviors must be unwelcome and of a sexual nature to constitute a violation of policy. Furthermore, this behavior can be either explicit (a full precise expression, such as grabbing an individual in their private areas) or implicit (the message is implied, such as seductively eating an ice cream cone or conversations with sexual overtones). Unwelcome behaviors could be determined by the individual recipient of the behaviors or man or woman observing the behaviors.

The DOD definition has three components. The first two, simply put, means quid pro quo - "If you do this for me, I'll do that for you." It is the third component of sexual harassment that seems to cause the most confusion: Such conduct interferes with an individual's performance or creates an intimidating, hostile, or offensive work environ*ment.* This is difficult to understand. because there is no clear cut answer. Basically, sexual harassment is in the eye of the beholder. If you feel you are being sexually harassed, then you probably are. Aperson does not have to intentionally set out to offend, intimidate or create hostiliAt a glance ...

Signs of sexual harassment

□ Verbally – Cat calls and discussing sexual topics can be ways a person sexually harasses another verbally. Can include terms such as honey, hunk, babe or darling.

□ Non-verbally – Staring, blowing kisses, raising skirts and grabbing one's genitals can be ways a person sexually harasses another through non-verbal means. Coffee cups and calendars depicting sexually-related pictures and sexually-related e-mails are other examples of non-verbal sexual harassment.

☐ Physically – Brushing up against a person, blocking someone, touching a person's clothing, hair or body, hugging or kissing are all forms of physical sexual harassment.

Bottom line - If you feel you are being sexually harassed, you probably are!

ties. If your behaviors are sexual in nature and makes it difficult for a person to perform his or her duties, then you could be sexually harassing someone.

So, does this mean that every time you talk with anyone of the opposite sex you have to be on pinsand-needles? No. Remember, the behaviors must be sexual in nature and need only be so severe or pervasive that a reasonable person would perceive a hostile environment, as the victim does.

If you are the victim of sexual harassment, you are not free of obligations. If you feel you have been sexually harassed, do something about it. One method for stopping sexual harassment is confronting the alleged offender. He or she may be unaware their actions are offen-

If you can't address your concerns with the alleged offender face-to-face, try giving the individual a letter that states exactly what he or she has done and the impact the individual's actions have had on you.

Always keep a copy for your own records. If this doesn't alleviate the situation, another method would be to consider using formal channels. Formal channels include using the chain of command, first sergeant or MEO. Due to changes within the MEO Air Force Instruction, you must contact the MEO office first before working your concerns through your chain of command.

All instances of sexual harassment and discrimination worked by the chain of command are required by AFI 36-2706 to be reported to the MEO office for tracking purposes.

Finally, there are three more things I need to mention. First, when the DOD says "creates a hostile or offensive work environment," you must remember that "workplace" is an expansive term for military members and includes your conduct on- or off-duty, 24 hours a day. Second, any person in a supervisory or command position who uses or condones implicit or explicit sexual behavior to control, influence or affect the career, pay or job of a military member or civilian employee is also engaging in sexual harassment. Simply put, if you have knowledge of an incident involving sexual harassment notify your chain of command. And finally, when we talk about sexual harassment this could be a male harassing a female, a female harassing a male or same-sex sexual harassment.

Remember that MEO is here to ensure human dignity and respect for all. When a person lives in an environment free from sexual harassment and discrimination, the mission can be accomplished. For questions or comments, contact MEO at 782-4053.

Wolves work as a team to accomplish the mission. Sexual harassment degrades that mission.





782-7568.

ACTION LINE

The Action Line is a direct line to me. Call 782-2004 and include your name, telephone number and a brief description of your problem. You can also send an e-mail to 8 FW/CC Action Line.

Vol. 21. No. 9 March 10, 2006



'Defend the Base, Accept Follow-on Forces, EDITORIAL STAFF Col. Brian Bishor

oupt. Hioriai a Romarck	Ornor, public analis
1st Lt. Brooke Brander	Deputy, public affairs
Master Sgt. Anthony Davis	Superintendent, public affairs
Staff Sgt. Erien Clark-Chasse	Chief, internal information
Senior Airman Stephen Collier	Editor
This edition of the Wolf Pack Warrior is a fu	ınded Air Force newspaper
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HOW TO REACH US: People with questions, comments, suggestions or submissions can contact the public affairs office at: 8th FW/PA, PSC 2, Box 2090, APO AP 96264-2090. We can also be reached by phone at 782-4705, by e-mail at 8FW/PA, WolfPack@kunsan.af.mil, or by fax at

phone. Fax and typewritten submissions are also accepted

PHONE NUMBERS TO USE

Telephone Repair

STANDARDS, continued from Page 1

between the post office's mail room, and the front entrance of the Falcon Community Center.

Chief Ludwig said these changes were made because in the end, the community standards are there to take care of the Wolf Pack.

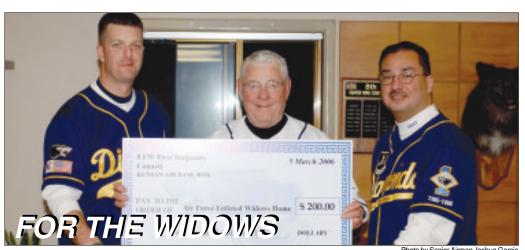
"The community standards are there for the safety and equity of all Wolf Pack Airmen," Chief Ludwig said. "Following the standards simply ensures you have that much more of an enjoyable and productive tour while at Kunsan.'

With the changes, the community standard was slimmed down to reflect more pertinent information to incoming Wolf Pack members. Wolf Chief said it was important to make it as easy to understand as possible.

The community standards as previously written were overwhelming, and a large part of the material was simply a restatement of policy contained in other U.S. Air Force, USFK or Pacific Air Force policy directives," Wolf Chief said.

You could see the eyes of Airmen glaze over as they read all 23 pages, plus we did a sanity check: we wondered why we needed Airmen to be aware of the base mascot policy within five days of arrival? So we focused on what we felt commander's needed to get to their Airmen within the first five days and then later on, be a good solid reference for day-to-day supervision.

The community standards are a required item to review within the first five days of in processing Kunsan. Members are required to know and adhere to them while on the Korean penin-



First Sgts. Robert Edgar (left) and Victor DeLaRosa (right) present a check for \$200 to Chief Master Sgt. of the Air Force Robert Gaylor (ret.) for the AF Enlisted Widows Fund Sunday.

Base exchange, clothing sales change hours

The Kunsan base exchange and military clothing store hours changed last month to allow for better service during peak periods.

The exchange hours are now 10 a.m. to 9 p.m. Sundays through Thursdays and 10 a.m. to 10 p.m. Fridays and Saturdays. Military clothing is open from 10 a.m. to 7 p.m. Mondays through Fridays and 11 a.m. to 5 p.m. Saturdays.

The exchange evaluates its operating hours as

needed, according to Ms. Yvonne Crouch, exchange business manager.

We did six months of sales analysis trend and found that our customer flow starts at 11 a.m. and ends at 8 p.m.," she said.

"We found that closing the store during nonpeak hours gives us more leverage with employee schedules, thus having ample staff during peak

Base prepares as UCI closes in

By Staff Sgt. Erien Clark-Chasse Wolf Pack public affairs

Wolf Pack members might be feeling the pain from paper cuts and headaches from double checking numbers, but it's worth it as April's unit compliance inspection is less than 45 days

A UCI occurs when Pacific Air Forces inspect subordinate units for compliance with Department of Defense, Air Force and other command-level directives and regulations.

'Compliance with these regulations helps the Wolf Pack Accept Follow-on Forces and Take the Fight North, making it vital to the Wolf Pack mission," said Col. Chris "Wolf 2" Chambliss, 8th Fighter Wing vice commander.

Ensuring the wing is ready and that a complete self-inspection happens is no small feat.

When I look around I see people who are working hard on the preparations for the UCI,' said Wolf 2, one of the people charged with ensuring the wing does the best it can. He has already taken a look at checklists in about 10 sections. "The top three things I want people to do now are to take care of any findings, make sure all noncompliant areas are good and prepare your first impression so it's the best impression.

The last UCI was in 2004 and resulted in an overall satisfactory rating. This time around the wing plans sections wants the Pack to be at its

"The Wing has made great strides preparing for the UCI," said Capt. Michael Tuason, 8th Fighter Wing plans. Capt. Tuason is in charge of the plans teams who run the wing self-inspection.

These teams will check duty sections in April until the beginning of the UCI. During these last looks, the teams will key in on a couple of

"We want standardization and for the wing to close as many open findings as possible," said Capt. Tuason.

"Remember, all of this UCI preparation is great for us, but better for the next class. Build your binders for continuity not just for the inspection. We have a chance to find problems and fix them," Wolf 2 said.

Cultural

What's in a name?

Did you know?

There are about 300 family names in Korea, but only a handful make up the vast majority of the population.

Among the most common names are Kim, Lee, Pak or Park, An, Jang, Jo or Cho, Choe or Choi, Jong or Cheong, Han, Gang or Kang, Yu or Yoo and Yun or Yoon.

Korean women do not change their family name upon

When Americans call a woman Mrs.Smith that means she is the wife of a man named Smith. In Korea, when a married

woman says she is Mrs. Kim, it usually means that her surname at birth was Kim. Some women call themselves by their husband's family name, but this is very rare. Koreans do not refer to others by their given names except among very close friends. Even among siblings, the younger ones are not supposed to address their elders by given names but rather eonni, meaning elder sister, or oppa, meaning elder brother.

For more interesting facts about Korea visit the Korean Government English website at www.korea.net.

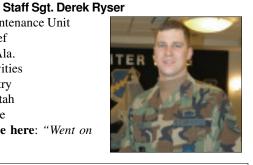
Information courtesy of the Korean Overseas Information Service and CIA World Factbook.

Unit: 35th Aircraft Maintenance Unit Duties: F-16 crew chief Hometown: Jackson, Ala.

Hobbies: Outdoor activities Favorite music: Country Follow-on: Hill AFB, Utah Last good movie: None

Best thing you've done here: "Went on

the DMZ tour."



"Staff Sgt.Ryser has made a positive impact throughout the wing ity from the moment of his arrival to Kunsan 2005.

He led a Tiger Team in troubleshooting a repetitive emergency power unit uncommanded activation anomaly. Within 70 hours, Sgt. Ryser and his team pinpointed and corrected the fault.

Sgt. Ryser was also one of 12 Airmen selected to participate in a joint-training mission with the U.S. Marine Corps in Iwakuni, Japan. Additionally, his unsurpassed maintenance skills were key to his selection to recover a diverted F-16 in Wonju, Korea.

I believe that Sgt. Ryser is well deserving of the recognition and honor that comes with being the 'Pride of the Pack.'"

— Lt. Col. William Ferro

8th Aircraft Maintenance Squadron commander



Members of the 8th Logitics Readiness Squadron load pallets of cargo and equipment March 2 in support of Operation Commando Sling. More than 50 members of the 80th Aircraft Maintenance Unit traveled by this KC-10 Extender, assigned to the 78th Air Refueling Squadron at McGuire AFB, N.J., to Singapore. There, they will work to generate aircraft sorties together with the Singapore air force.

By Senior Airman Stephen Collier Wolf Pack public affairs

Everyday, Staff Sgt. Andrew Evans receives his assignment for aircraft maintenance during the 80th Aircraft Maintenance Unit's morning roll

Normally, it would be like every other day, but a few things had changed. Instead of the normal F-16s to look after, he's now responsible for more. But he isn't complaining because he knows the AMU has to do extra work now that other members have deployed.

Sgt. Evans is feeling the effects of the AMU's deployment, together with the 80th Fighter Squadron, to Singapore, in support of Operation Commando Sling.

While the deployment is beneficial to pilots to help them hone their skills against a "mock" adversary, and to the maintainers as they operate in a foreign location, it leaves a void back at Kunsan. Chief Master Sgt. Samuel Hook, 80th AMU NCO in charge, admits the reduced manpower can be trying on those Wolf Pack members left behind.

"It's true that we've sent a number of our maintainers to a deployed location, but with them also went aircraft we no longer have to maintain at home station," Chief Hook said. "If we erred with more qualified personnel at one of the locations, it would have to be at the deployed site. We have other qualified personnel at home station in the 35th AMU and the 8th Maintenance Squadron to assist with any shortfalls we may experience here.'

Kunsan isn't the only unit that has to contend with lower manning. Most Air Force installations and units feel the effects when their members deploy.

Whether in support of Operations Enduring and Iraqi Freedom, or to take part in joint exercises, their home bases have to ensure mission readiness despite reduced manning.

When a fighter squadron and AMU deploy, the

home-station flying schedule reduces to account for the reduced number of aircraft and personnel," said Capt. Christopher Lombardo, 80th AMU officer-in-charge. "However, that still leaves two-thirds of the aircraft at home and the potential for large-scale, work still exists. The amount of daily work may increase for the remaining personnel during a deploy ment, but when faced with adversity, we immediately adapt and prevail.

As for NCOs on the ramp, Sgt. Evans, an avionics service, said the job isn't harder, but there is more concern because of the smaller numbers.

but not to an overwhelming



Members of the 8th LRS and the 78th ARS, based out of McGuire AFB, N.J., help load an F-16 engine for transport to Singapore March 2 in support of Operation Commando Sling.

"Operations still remain challenging and demanding, extent like some may think," Sgt. Evans admitted. "Our flight chiefs did a good job distributing personnel of different skill levels evenly to the deployment teams as well as the home station teams. Because of that, I think we're able to handle anything that happens until the deployment is over and more if need be.

The ultimate question is if Airmen from the unit have deployed, is the 80th AMU still prepared to provide for the defense of the Korean peninsula? Regardless of the threat, Sgt. Evans said the 80th AMU is fully-mission capable in the event the Wolf Pack has to defend the Republic of Korea.

"Even when the jets fly a little less forgiving, aintenance gets done with a quality second to none, just as if our counterparts were still here" he said. "Ultimately, we are now a smaller force, but still a great one.

Regardless of any issues the 80th AMU might face, Chief Hook boasted that one word could describe the deployment's transition: flawless.

We haven't missed a beat in daily operations here at home," he said. "One of the most challenging aspects of Kunsan is the constant change in personnel. People are easy to swap, but the one element that's irreplaceable is experience. We have the oldest F-16s in the PACAF inventory and they require a lot of hard work to keep them flying. I have never been around such a group of maintainers that do so much with so little.



An F-16 takes off from Kunsan during the Operation Commando Sling deployment March 2. A KC-10 Extender from the Air Force Reserve Command is seen in the background.



Photo by Senior Airman Joshua Garcia

In addition to being an Air Police (Security Forces) patrolman, the fifth Chief Master Sgt. of the Air Force Robert Gaylor served as an Air Force military training instructor from 1957 to 1962.

The worst part of being at the Wolf Pack? 'You'll have to leave one day' says Chief Gaylor

By Senior Airman Stephen Collier Wolf Pack public affairs

Editor's Note: Chief Master Sgt. of the Air Force Robert Gaylor (ret.) visited the 8th Fighter Wing recently after attending the annual 7th Air Force awards banquet. The Wolf Pack Warrior sat down with the fifth CMSAF for his impressions of the base, its people and the state of the Air Force.

Wolf Pack Warrior: What are your impressions of the Wolf Pack, in particular the base's enlisted force?

Chief Gaylor: "I've traveled all over the Air Force and and every base has it own spirit and morale factor. But I don't ever recall the sense of enthusiam like I have at the Wolf Pack. During the enlisted call, I really got caught up in the spirit and I felt like I was a part of it. Kunsan is 100 percent on top of the heap when it comes to spirit."

WPW: In 1957, you were stationed at Kunsan. How has the base changed since you were here?

Chief Gaylor: "We had no airplanes at that time. The only things I could find that were there then was Coyote Hill, the Yellow Sea, the runway and the fuel and ammo storage areas. Other than that, I didn't recognize anything. My hut, if I'm right, was near where the AFN building is now. But from the looks of it, the base changed over 100 percent for the better."

WPW: What was it like to be a part of a genderseparated Air Force and training women during that time?

Chief Gaylor: "It was totally unexpected when it happened. I was called in and told I had been nominated to move up to the WAF, or Women in the Air Force, squadron. Women at that time only made up less than 1 percent of the Air Force and only filled seven career fields, including medics and typists. One thing I learned was how quickly the ladies learned; they picked up on training very fast. That training helped me later to prepare the Force for an increase in women. At that time, it was the first time I had ever worked for a woman. It gave me an appreciation for the player. I have found others, the more good ways for other people part about being at the self saying 'I want to into people that when hear a 'HOOAH.' Late six years ago. Try to I ment while you can."

contribution the ladies could make to the Force. As we began to explore new opportunities for females, some men had very narrow ideas about working for women. I just wanted to say 'shut up' to them. Before you go mouthing off, give it a chance. So my experience helped me overcome some of the obstacles in the Force, even in the officer ranks. I just considered this one of the barriers we needed to overcome. The 1970s were really a fascinating time when we tore down those barriers."

WPW: What do you see as major changes facing the USAF's enlisted force in the near future?

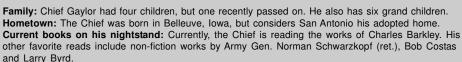
Chief Gaylor: "I'm quite tuned into the words at the Pentagon and the key words today are realignment, reorganization and management of the Force with the best bang for the buck. If that means retraining, realignment or reassignments, we're going to do it. It's a time for every member of the Force to open their minds. If they are asked to retrain, they should say 'point me in the right direction' instead of saying 'I don't want to do that.' We are going to have to ask our people to do things they don't want to do. If our people stay closed-minded, they are going to be miserable. Gen. Moseley is content on managing the Force correctly. Everyone just needs to pitch in."

WPW: What advice do you have for Airmen here, especially those wanting to accelerate their careers?

Chief Gaylor: "Have a mental attitude and a good mental outlook. Take advantage of the opportunities out there. If you close your mind, you'll miss them. be a good team player. I have found that the more good things I do for others, the more good things happen to me. If we look for ways for other people to look good, it's a cycle. The worst part about being at the Wolf Pack is that someday you'll go to a wing without the spirit here. And then you'll find yourself saying 'I want to go back to the Wolf Pack.' I still run into people that when I mention the words Wolf Pack, I'll hear a 'HOOAH.' Later, they'll tell me they were at Kunsan six years ago. Try to learn every day and enjoy the assignment while you can."

The last word:

Former Chief Master Sgt. of the Air Force #5 Gaylor



Favorite sports team: An avid baseball fan, Chief Gaylor admits his love for the Chicago Cubs.

Favorite music group or performer: In addition to George Strait, Johnny Cash and Glenn Miller, the chief also loves the tunes of "Ol' Blue Eyes" himself, Frank Sinatra, and recently began listening to Rod

Pet peeve: The Chief animatedly pointed out his two biggest pet peeves. First, Chief Gaylor does not tolerate inefficiency. Lastly, the Chief can not stand rudeness.



Chief Master Sgt. of the Air Force Robert Gaylor

A native of Belleuve, lowa, Chief Master Sgt. of the Air Force Robert Gaylor entered the Air Force in September 1948. His background includes security forces (then air police) and he has served as a military training instructor, Stategic Air Command NCO academy instructor, Second Air Force senior enlisted advisor and finally chief master sergeant of the Air Force.

During his career, Chief Gaylor served in various assignments from squadron to Air Staff-level, including a tour of duty with a numbered Air Force and a major command. He also served overseas at bases in Thailand, Japan and Europe.

The following are some of the chief's additional career highlights.

1948

Graduated from basic military training, Lackland AFB, Texas.

1956

Air Police patrolman, Air Police squadron, Kunsan AB, Republic of Korea

1957

Military training instructor, 3709th Basic Military Training Squadron, Lackland AFB, Texas

1962

Air Police patrolman, Air Police Squadron, Tachikawa AB, Japan

1965

Graduate of SAC NCO Academy, Barksdale AFB, La.

1970

Senior enlisted advisor, 2nd Air Force, Keesler AFB, Miss.

1971

Founded United States Air Forces in Europe Command Management and Leadership Center for NCOs.

<u> 1973</u>

Senior enlisted advisor, USAFE, Ramstein AB, Germany

1974

Leadership management instructor, Air Force Military Personnel Center.

1977

Fifth chief master sgt. of the Air Force, Headquarters, Air Force, the Pentagon.

1979

Retired from the Air Force.



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Photo by Senior Airman Joshua Garcia

'I'VE GOT IT!'

Fetedrick Johnson, 8th Maintenance Operations Squadron, bumps a volleyball to the setter during their game against the 35th Fighter Squadron Monday. The 8th MOS lost to the fighter squadron three games to two. The squadrons were a part of the fitness center's intramural volleyball season-opening tournament, which lasted through Tuesday. For more on the 2006 intramural volleyball season, check out next week's sports page in the *Wolf Pack Warrior*.

Containing the flu:

Quarantine and other measures

(Editor's note: Information for this column is provided by Pacific Air Forces surgeon general's office. For more on medical information, consult your primary care manager.)

As the world continues to prepare for a possible flu pandemic, experts agree that the initial response to the emergence of a new influenza subtype that spreads easily between people (sustained human-to-human transmission) should focus on containing the virus at its source.

Disease containment measures are an excellent way of preventing the spread of communicable diseases, as was seen in 2003 with the Severe Acute Respiratory Syndrome, or SARS, outbreak. Some of the disease containment measures used to bring SARS under control included screening people for illness at airports or other public facilities, quarantining people exposed to SARS and isolating patients infected with it

Though quarantine and isolation may seem to be similar concepts, they are actually very different disease-containment measures. Isolation centers on a person who is already ill with the goal of preventing that patient from inadvertently infecting others. In most instances, isolation occurs in a hospital where patients receive the medical care they need and where proper air ventilation and personal protective measures (such as protective masks) are available until the patient recovers. In some circumstances, such as when the number of patients exceeds the capacity of the medical facilities, an entire building may be set aside for isolated patients to provide the needed space. This limits the spread of the disease.

Quarantine, on the other hand, separates people who are not ill but who have been exposed (or thought to have been exposed) to a particular illness, thus keeping them from potentially spreading disease. While some contagious diseases, such as SARS, can be spread widely after the patient starts showing signs and symptoms of illness, the influenza virus starts being spread by patients about a day or so before symptoms actually appear. Therefore, people under quarantine are observed for a period of time so that doctors can detect illness early, provide preventive medications if necessary and expedite medical care if illness develops. Quarantine also protects the community by preventing exposure from someone who may be contagious but not yet showing symptoms. The

length of quarantine is usually twice the period of time required for an exposed person to develop the symptoms indicating illness.

Quarantine can be implemented in several different ways. Quarantines can be done on a large or small scale and can be voluntary or mandatory. There are home quarantines, where close contacts of the patient (such as family members, co-workers and schoolmates) remain in their home for a period of time to ensure they don't become ill. There are also mandatory quarantines, such as when passengers on a plane remain in a designated facility for a period of time before resuming travel.

In addition to isolation and quarantine, there are other useful disease-containment strategies that may be implemented, such as restriction of movement. In the interest of the common good, temporary restriction of movement encourages people to stay home to reduce their risk of exposure. To this end, communities may close schools, worship facilities, theaters and dining establishments, while the work force may be encouraged to telecommute if possible.

The authority to implement the various types of quarantine resides with the Centers for Disease Control and Prevention and the state. On military posts, the installation commander has the authority, as outlined in Department of Defense Directive 6200.3, or, the emergency health powers on military installations

As recent SARS history has shown, disease-containment measures such as quarantine, isolation and restriction of movement are important public health measures that will help contain and perhaps even stamp out an influenza pandemic.

Family preparedness for a pandemic is very similar to the preparations taken for hurricanes, tornados and other natural disasters. Families are encouraged to keep at least a two-week supply of food, essential items (such as medications, diapers, etc...) and extra supplies (laundry detergent, hand sanitizer, etc...) on hand in the event disease-containment measures are implemented that restrict the opportunity to shop for re-supply. Parents should also have an alternate care plan for their children in the event that schools or day-care facilities are closed for extended periods of time.

(This is part three in a three-part series of information on pandemic influenza.)

THE SPORTS BAR

As of Thursday

Intramural Volleyball

AMERICAN LEAGUE

Teams	W	L			
35 FS	0	0			
8 SFS	0	0			
8 MOS Team Two	0	0			
8 LRS Team Two	0	0			
8 CS Team Two	0	0			
8 LRS Team Three	0	0			
8 AMXS	0	0			
Fire Dawgs Team Two	0	0			
8 CFS	0	0			

Upcoming games

Today

6 p.m. — Last Pre-season game

Monday

6 p.m. — 35 FS vs. 8 AMXS

7 p.m. — Fire Dawgs Team Two vs. 8 SFS 8 p.m. — 8 MOS Team Two vs. 8 LRS Team Three

9 p.m. — 8 LRS Team Two vs. 8 CS Team

NATIONAL LEAGUE

8 MDG	0	0
8 SVS	0	0
8 LRS Team One	0	0
8 MOS Team One	0	0
8 CS Team One	0	0
8 CPTS	0	0
8 MSS	0	0
Fire Dawgs Team One	0	0
8 OSS	0	0

UPCOMING GAMES

Upcoming games

Today

6 p.m. - Last Pre-season game

Tuesday

6 p.m. — 8 MDG vs. 8 LRS Team One 7 p.m. — 8 SVS vs. 8 OSS 8 p.m. — 8 MOS Team One vs. 8 MSS 9 p.m. — Fire Dawgs Team One vs. 8 CS Team One

Sports and Fitness Briefs

Coaching positions

The men and women's varsity softball and volleyball seasons are approaching and the fitness center is accepting applications for head coach positions. To apply, submit a resume to the fitness center. For questions or for more information, send an e-mail to jason.andrews@kunsan.af.mil or call 782-4026.

Paintball season is here

Wolf Pack members can take advantage of Outdoor Recreation's paintball field at Wolf Pack Park March 25. Two tournaments are planned for each day. To get in on the action, be at the field by 10 a.m. the day of the event. Wolf Pack members can bring their own paintball markers. For more information, call Outdoor Recreation at 782-4938.

Five-kilometer duathlon

The fitness center is hosting a five-kilometer run, bike and run duathlon at 10 a.m. Saturday. See the fitness center counter to sign up.

Racquetball shootout

The fitness center is hosting a racquetball competition at 7 p.m. March 18. Call the fitness center at 782-4026 for more information.



(Times provided by the 8th Services Squadron)

TODAY

Karaoke night — The Falcon Community Center's karaoke night runs from 9 p.m. to 3 a.m.

Club events — The Loring Club's super social hour starts at 5:30 p.m.

Squadron Feud — The Falcon Community Center hosts the first round of the 2006 Squadron Feud game show at 7 p.m.

SATURDAY

Music request night — The Falcon Community Center's music request night runs from 8 p.m. to

Eight-ball tournament — The Loring Club hosts an eight-ball tourney beginning at 5 p.m.

Jeonju City walking tour — The Airmen support center offers a Jeonju City walking tour from 8:30 a.m. to 7 p.m. Saturday. Places to tour include the paper museum, cultural and downtown areas with a lunch at a restaurant in Jeonju. Bring 25,000 won for local transportation and expenses. Registration required. Call 782-5644 to sign up.

SUNDAY

Dominos — Domino action starts at 7 p.m. at the Loring Club.

Sunday brunch — The Loring Club serves Sunday brunch from 10:30 a.m. to 1 p.m.

Dollar days — People can bowl for \$1 per game with 75-cent shoe rental at the Yellow Sea Bowling

Cricket dart tournament — The Falcon Community Center hosts a cricket dart tournament at 3 p.m.



CATCH THE LATEST CRAZE TO HIT KUNSAN! COME SEE YOUR SQUADRON BATTLE IT OUT AT THE COMMUNITY CENTER **DURING THE ULTIMATE SHOWDOWN:**

SQUADRON FEUD!

CATCH ALL THE SQUADRON **FEUD ACTION AT 7 P.M. EVERY FRIDAY IN MARCH!**

CHAPEL SERVICES

•••••••••

CATHOLIC SERVICES

Daily Mass — 11:30 a.m. Monday through Thursday

Weekend Mass — 9 a.m. and 8 p.m. Sundays Reconciliation — Weekdays by appointment, 4:30 p.m. Saturday, 8 a.m. Sunday R.C.I.A. classes — 7 p.m. Wednesday, chapel conference room

PROTESTANT SERVICES

General worship — 11 a.m. Sunday Contemporary praise and worship — 6 p.m.

Gospel service — 1 p.m. Sunday Inspirational praise and worship service — 7:30 p.m. Friday

LATTER-DAY SAINTS SERVICES

Weekly service — 3:30 p.m. Sunday

CHURCH OF CHRIST SERVICES

Weekly service — 1:30 p.m. Sunday, Sonlight Inn

SONLIGHT INN HOURS

6 to 10 p.m. Tuesday through Thursday, 6 p.m. to midnight Friday, 4 p.m. to midnight Saturday and holidays.

MONDAY

Pool tourney — The Loring Club's nine-ball pool tournament starts at 7 p.m.

Pizza special — The Loring Club serves 50-cent pizza slices from 6 to 8 p.m.

Free junior-enlisted bowling — Beginning at 6 p.m., ranks E-1 through E-4 bowl free. Limit three games per person.

TUESDAY

Yellow Sea Bowling Center — Ladies bowl for free starting at 6:30 p.m.

Dart tournament — The Loring Club hosts a dart tourney beginning at 7 p.m.

Cooking class — The Airmen support center offers a Korean cooking class from 11:30 a.m. to 1 p.m. at the Sonlight Inn.

Registration required. Call 782-5644 for more information.

WEDNESDAY

Social time — The Loring Club's super social hour begins at 5:30 p.m.

Reunion briefing — The Airmen support center's return and reunion briefing starts at 3 p.m. in the Health and Wellness Center classroom at the Wolf Pack Fitness Center.

This mandatory briefing addresses challenges facing single and married military members preparing to return to their families.

Yellow Sea Bowling Center — Bowl for 75 cents per game.

Karaoke night — The Falcon Community Center's karaoke night runs from 8 p.m. to midnight.

THURSDAY

Orphanage visit — The Airmen support center's weekly Korean orphanage outing leaves the military personnel flight parking lot at 6:15 p.m.

The weekly outings give base people a chance to interact with local Korean orphans. To register, call 782-3772.

Dollar day — Bowl for \$1 per game at the Yellow Sea Bowling Center.

UP 'N' COMING

Squadron Feud — The Falcon Community Center hosts the second round of the 2006 Squadron Feud game show at 8 p.m March 17.

CAC tours — The Falcon Community Center sponsors a tour of Lake Chungju and the Kosu Cave March 18.

The deadline to sign up is Thursday. For more information or to sign up for the trip, call 782-4619.

To submit events for 7-Days, send an e-mail to WolfPack@kunsan.af.mil. Submissions are due by noon Thursday one week prior to publication and must include time, date and location of the event and the contact's daytime phone number. For more information, call 782-4705.

AT THE

"WHEN A STRANGER CALLS"

Rating: PG-13 for violence, terror and lan-

Staring: Camilla Belle and Katie Cassidy Synopsis: While babysitting, a high school



student is terrorized by a stranger who calls her, asking "have you checked the children lately?" The police eventually notify her the calls are coming from inside the house.

Show times: 7 p.m. today and 7 and 9:30 p.m Saturday

"GRANDMA'S BOY"

Rating: R for drug use, language, crude and sexual humor and nudity

Staring: Allen Covert and Peter Dante

Synopsis: By day, 35-year-old Alex is the world's oldest video game tester. By night, he's privately developing the next big game for the X-Box generation. When one of his roommates spends all the rent money on Taiwanese hookers, Alex is kicked out of his apartment and finds himself forced to live with his grandmother and her friends Grace and

Show times: 9:30 p.m. Friday

"CASANOVA"

Rating: R for sexual content Staring: Heath Ledger and Sienna Miller

Synopsis: When Giacomo Casanova discovered Francesca Bruni, he met his ultimate romantic match, succumbing to the only woman ever to refuse his charms — until he could prove himself to be the one man worthy of her romantic ideals. Not only a dashing rebel and wit, Casanova is also a vulnerable man who is chasing after love as Bishop Pucci of the Inquisition chases after him. Caught up in a comic whirl of disguises.

Show times: 6 p.m. Sunday

"THE RINGER"

Rating: PG-13 for crude and sexual humor, language and drug references

Staring: Johnny Knoxville and Brian Cox Synopsis: When Steve Barker finds himself



running dead last in the corporate rat race, he sinks to an all time low -he attempts to rig the Special Olympics by pretending to be intellectually challenged. But, Barker is completely out-classed by his fellow Olympians,

who are not only better athletes; they're just plain better people.

Show times: 8:30 p.m. Sunday

WOLF PACK WHEELS SCHEDULE

Kunsan AB to E-Mart shuttle

Tickets are \$5 (departs from community center) 10 a.m., noon, 2, 4 and 6 p.m. Weekends

E-Mart to Kunsan AB shuttle

Tickets are \$5 (departs from in front of store) $11\ a.m.,\ 1,\ 3,\ 5\ and\ 6\.30\ p.m.$ Weekends

Kunsan AB to Osan shuttle

One-way for \$12.50 or \$11.50 and round trip for \$25 or \$23. Discount is for Airman morale program members (departs from community center) $\label{eq:morale program members (departs from community center)} Monday\ to\ Thursday\ 7:30\ a.m.\ and\ 1\ p.m.$ Friday 7:30 a.m., 1 and 6 p.m. Saturday 7:30 and 10 a.m.

Sunday 7:30 a.m. and noon Osan to Kunsan AB shuttle

One-way for \$12.50 or \$11.50 and round trip for \$25 or \$23. Discount is for Airman morale program members (departs from Checkertails Cafe) Monday to Thursday noon and 6 p.m.

Friday Saturday Sunday

noon and 10 p.m. noon and 4 p.m. noon and 5 p.m.

Kunsan AB to Kunsan city shuttle One-way is \$3 and round trips for \$5 (departs fro Friday and Saturday 7 and 8 p.m.

Kunsan city to Kunsan AB shuttle

One-way is \$3 and round trips for \$5 (departs from Kentucky Fried Chicken) $Friday\ and\ Saturday \qquad 11\ p.m.\ and\ midnight$

Kunsan AB to Incheon Airport shuttle

\$27.50 or \$25 for Airman morale program members (departs from community of Available daily $3.30~a.m.,\,2~and~6.30~p.m.$

Incheon Airport to Kunsan AB shuttle

\$27.50 or \$25 for Airman morale program members (departs from gate 11) Available daily $8:\!30~a.m.,\,7:\!30~and~11:\!30~p.m.$

For details on transportation, call the Falcon Community Center at 782-4619

At a glance ...

Paintball safety

COMMUNITY

Paintball action heats up at Wolf Pack Park

By Senior Airman Stephen Collier
Wolf Pack public affairs

With your wingman beside you, you slowly push through the brush toward the target. Looking left, then right, that uneasy, gutwrenching feeling begins to overwhelm you. The enemy has to be around here, but you don't see them.

Then suddenly, a hail of rounds rain down on your position. Your wingman gets hit in the chest. You realize it's now or never.

What do you do?

No, this isn't a scene out of Iraq's Fallujah, but extreme paintball action taking place at Wolf Pack Park throughout March.

"It's a stress reliever. I just love to go out and have fun," said Senior Airman Coby Colbert, 8th Maintenance Squadron transient alert crash recovery specialist. "You get to shoot up your buddies a little bit ... it's really a blast."

While paintball can be recreational for players, it can also offer ways to hone tactics and critical thinking skills. Staff Sgt. Paul Canevit, 8th Civil Engineer Squadron dorm manager, thinks the type of skills learned on the paintball field are basic combat maneuvers Airmen can use.

"These are definitely skills for today's war on terrorism," Sgt. Canevit said.

"They can be military related as far as developing skills of evasion and attacking fortified locations. We learn some of these skills already during quarterly exercises. It's also a recreational way to help the Wolf Pack stay fit to fight."

Sgt. Canevit added that offices and shops can benefit from paintball because it can be used as a team-building tool. All they have to do is call Outdoor Recreation to reserve the field.

"Paintball really allows people to develop verbal and nonverbal communication skills," he said. "It also teaches how to lead and how to follow."

There are also future plans for the paintball field. Sgt. Canevit is leading the charge for Wolf Pack members to donate some of their time to restoring the field after this year's harsh winter.

"We want to promote the field, letting people know it's out here for them to use at a nominal fee," he said. "Many other bases have a field where people can play, so there is no reason for the avid paintball player to stop playing. Come on out and play."

With the weather warming, Outdoor Recreations has re-opened the field for March and will hold their next tournament on March 25.

Airman Colbert added paintball was the perfect activity for a Saturday.

"It's a good time to get out on the weekends and have fun with your buddies," he said. "Besides, what else do you have to do on a Saturday?"



ABOVE: Staff Sgt. Paul Canevit readies himself before advancing on an enemy position.

A safe,

fun time!

RIGHT: Senior Airman Enrique Garza defends himself behind a bunker during paintball action at Wolf Pack Park Saturday.

IN THE TRENCHES ...

What is the hardest thing about being in the military?



Master Sgt.
Angel Ramos Jr.
"Being away from family and friends."



Senior Airman Joshua DeMotts "Giving up some personal freedom so that others can keep theirs."



2nd Lt. Timothy Nowacki "Being away from family."



Airman 1st Class Warren Swanson "The work schedule, definitely the work schedule."



Airman Yvonne Folorio "Getting used to the schedule. I just joined, so I really don't know yet."